

Reflective Reading of Scripture.

(AKA: 'Lectio Divina': Latin for 'Divine Reading')

Connecting to the Word of God with head and heart. Inviting Holy Spirit to speak through Scripture.

Listen for His voice. Meditate on His Truth. Pray His Word.

Be... filled, comforted, led, inspired, and nourished by the Holy Spirit.

Process (Repeat passage three times):

(a) **Read** the Scripture passage

(b) **Reflect** on the focus question below

(c) **Respond** in quiet prayer/journaling

(d) **Rest** in God's invitation for you... then pray/share out loud if you want

Pray to begin: *Holy Spirit come! I open my heart, mind, and ears to hear your voice through the Word. In Jesus' name, Amen.*

Read a selected passage out loud - alone or with a few people.

1st Reading: What is one **word or phrase** the Holy Spirit impresses on you? List a few words or phrases. Meditate on them.

2nd Reading: Enter into the Scripture passage. What do you feel? What specific situation in your life today relates?

3rd Reading: What is **God's personal invitation** for you from the Scripture? Write down what God may be saying to you. Write a prayer of thanks. Rest quietly in God. Turn His invitation into an "I will..." statement. (In light of God's invitation, I will...)